# Christian Life Coaching is Ministry

## **Description:**

This course will develop your skills and bring out your potential as you advance towards becoming a Christian Life Coach. You will discover how not only to develop your talent but to maximize your traits and become a talent plus Christian Life Coach. You will learn how to stand out by using your belief, passion, initiative, focus and much more to not enhance your talent and become a talent plus Christian Life Coach. You will learn that your coaching ministry can be used by God to bring glory to His name, whether you choose to have a coaching practice or ministry. One of the important skills of a coach should be to focus on the client and not the problem, this course will challenge and encourage you in your coaching client relationship to focus on the client which will produce results and promote transformational growth in the client. The course will motivate and develop your coaching into being Christ centered in your coaching practice or coaching ministry.

### **Course Objectives:**

- You will quote the following Scriptures:
  - ✓ Mark 12:30-31
  - ✓ Psalm 139:14-15
  - ✓ John 1:12-13
  - ✓ Jeremiah 29:11-13
  - ✓ 1Timothy 4:14a, 15
  - ✓ Psalm 18:1-2
  - ✓ Matthew 5:5

- You will discuss how your belief can be used to lift your talent in order to reach your full potential.
- You will learn how to believe in yourself and in your mission.
- You will get a revelation how your passion be used to energize your talent.
- You will work on prioritizing your life according to your passion.
- You will discover how your initiative can activate your talent.
- You will learn how to be focused and allow your focus to direct your talent..
- You will learn the principles of preparation and it's impact on your talent.
- You will learn the importance of perseverance and how it can sustain your talent.
- You will discuss the hallmarks of coaching the client for internal change.
- You will state how to be creative in coaching the client.
- You will state the benefits of Christ-centered coaching.
- You will learn how coaching can leverage your strengths.
- You will discuss how Christ-centered coaching can provide clarity and focus in coaching a client.

### **Behavioral**:

As a result of your application of the truths you learn in this course, you may recognize certain changes taking place in your attitudes, adjusting them to the following:

- You will understand how to celebrate your talents and use them in achieving your goals.
- You will begin to believe in your potential, yourself and your mission.
- You will develop your passion to energize your talent.
- You will begin to prioritize your life according to your passion.

- You will know how to show initiative in order to move from where you are to where you want to be.
- You will confidently recognize the power of Focus to increase your energy and expand your life.
- You will develop the mindset of focusing on your strengths and not your weakness.
- You will develop your skills on coaching the client and not the problem.
- You will be transformed by making your coaching practice or ministry Christ centered.
- You will gain the understanding of how Christ-centered coaching can instill confidence in you through focusing on what God can accomplish through you.
- You will increase your understanding of how Jesus used stories, metaphor, parables to create awareness in His teachings and how to follow His example in your coaching relationship.

### **Course Texts:**

**Talent Is Never Enough & Talent Is Not Enough Workbook** by John C. Maxwell

28 Laws of Attraction by Thomas J. Leonard Christ-Centered Coaching by Jane Creswell Coach The Person Not The Problem by Chad Hall

## **Course Requirements:**

**NOTE: Save your answers into a digital document** to be emailed to your instructor. Use Microsoft Word, Google Docs, any other word processor or even just save it as an email draft or in the Notes application of your mobile device. Handwritten work will be not be accepted without prior approval from your instructor.

- 1. Read the text Talent Is Never Enough by John C. Maxwell thoroughly and completely, answering all related questions and assignments found in the Talent Is Never Enough Workbook. These exercises will be submitted to your instructor at the end of Lesson 12. You should aim at receiving at least a "B" on your work.
- 2. Completely read The 28 Laws of Attraction: Stop Chasing Success And Let It Chase You by Thomas J. Leonard, answering all related questions and assignments found in the text. All the text exercises from Step 1 - Step 28 will be submitted to your instructor at the end of Lesson 12. Journal as you go along on what the Lord wants to say to you from the chapters. Write a report of 2-3 typewritten pages on the textbook. Include the following in your report:
- Some of your journaling from the textbook.
- What you have learned about yourself and changes you will make or has made after reading the book.
- Discuss how you will be applying what you have read and learned from the book in your coaching ministry or practice. This report is due in Lesson 12.
- 3. Read Coach The Person Not The Problem by Chad Hall answering all related questions and assignments found in the syllabus.
- 4. Read the text Christ-Centered Coaching by Jane Creswell, answering all related questions after each chapter from the textbook and journaling assignments found here in the syllabus. Answering all questions after each chapter, these are practical questions that should be applied to your life.

5. Final paper: Write a paper discussing how your life has been impacted through the course. How has the course enhanced your knowledge of Christian Life coaching as a Ministry? What new revelation on Life coaching did you receive through the course? What did God tell you in your journaling about your talent, skills and /or calling? This paper is to be a minimum of three to four typewritten pages and is due in Lesson 12. You must receive at least a "B" on this paper. This report will be submitted to your instructor at the end of Lesson 12.

## Standards for Grading Assignments

As indicated below, "C" or 2.0 level work is considered average. Leaders are not average people. You are therefore expected (required) to put forth the effort necessary to demonstrate at least "B" (3.0) level work or higher on all assignments which you submit. Any which do not will be returned to you with input from your instructor on how you can raise your grade to the expected level. A course grade will not be given until your assignments demonstrate that you have understood the material presented in the course and allowed your life to be transformed by the Spirit and the Word studied — the requirements for attaining a "B".

Your individual assignments (notebooks, tests, reports) will be graded according to the following standards. These grades will be averaged together to determine your course grade. Remember, we are training leaders and leaders are above-average people. Your work will reflect that.

- "D" Indicates barely passing work that is inferior to the average both in quantity and in quality.
  - Manifests a lack of initiative or sense of responsibility or both.
- "C" Average work; either steady work of an acceptable quality, or work of a high quality which is uneven, irregular or fragmentary.
  - May be mechanically or outwardly correct but shows little reflection upon or personal assimilation of the material.
- "B" Intelligently has fulfilled the requirements of this course.
  - Understands the subject matter presented and has applied it to his life in a limited manner but has not really made the truths his own.
- "A" Grasped the material with thoroughness, industry and correctness of detail.
  - Made the material his own by thinking about it and integrating it, using originality, natural ability, and insight.

# Lesson One

#### Assignment to be completed:

Read the introduction: "When Is Talent Alone Enough" pages 1-10 and Chapters 1 and 2 of Talent Is Never Enough by John C. Maxwell. Answer the corresponding questions in Talent Is Never Enough Workbook by John C. Maxwell.

Read the Introduction: "Who is in a coaching conversation?" of the text Coach The Person Not The Problem by Chad Hall.

Complete the exercises for Lesson One found here in your Student Syllabus.

Memorize Mark 12:30-31.

Complete and correct Self-Test One.

#### Subjects to be explored:

Belief lifts your talent

Putting your talent into perspective

Your passion energizes your talent

Coach the problem through the person

### **Related objectives:**

- You will quote Mark 12:30-31. ("And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these.")
- You will explain why talent is not everything.
- You will state the three things you should do when you observe talented people.

- You will list the thirteen key choices you can make to maximize your talent or others talent.
- You will explain how your belief can lift your talent.
- You will list the six ways that your passion can energize your talent and give you power.
- You will list the three steps to fire up your passion if you do not have the energy you desire to improve your talent.
- You will state the difference between the coach that focuses on the client vs the coach that focuses on the problem.

## Exercises

- 1. In your own words explain why talent is never enough.
- 2. Complete this sentence: The key choices you make apart from the natural talent you already have \_\_\_\_.
- 3. What are the thirteen choices you can make to maximize your talent?
- 4. List the different ways that belief can lift your talent.
- 5. Complete the sentence: "When a man has put a limit on what he will do, \_\_\_\_\_.
- 6. Discuss the four ways in which your passion can energize your talent.
- 7. Talent plus Passion equals\_\_\_\_\_.
- 8. Write out Mark 12:30-31.

# Self-Test

- 1. Talent + Right choice =
- 2. When we observe talented people, we should:
  - a. \_\_\_\_\_ b. \_\_\_\_\_
- 3. Name some of America's founding fathers with great talents:
  - a. b.
  - c.
- 4. Complete this sentence: The Key choices you make apart from the natural talent you already have \_\_\_\_\_\_
- 5. Who said, "The toughest thing about success is that you've got to keep on being a success. Talent is only a starting point in business. You've got to keep working that talent." Underline the correct answer.
  - a. Irving Berlin b. Dr. Seuss c. Charles Schulz d. Paul Harvey
- 6. Write out Mark 12:30-31: "And you shall \_\_\_\_\_

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## **Answers to Self-Test**

- 1. Talent + Right choice = A Talent-Plus Person. Pg 10
- 2. When we observe talented people, we should:
  - a. Marvel at their giftedness
  - b. Recognize their contribution to society
  - c. Separate what they can do from who they are
- 3. Name some of America's founding fathers with great talents:
  - a. Thomas Jefferson- nation's third president; invented the first modern plow
  - b. Thomas Paine produced the nation's first bestseller.
  - c. Henry Clay- Orator, statesman, lawyer and mentor to Abra ham Lincoln
- 4. Complete this sentence: The Key choices you make apart from the natural talent you already have will set you apart from others who have talent alone. Pg7 TINE
- 5. Who said, "the toughest thing about success is that you've got to keep on being a success. Talent is only a starting point in business. You've got to keep working that talent." Underline the correct answer. Pg5 TINE

a. Irving Berlin b. Dr. Seuss c. Charles Schulz d. Paul Harvey

6. Write out Mark 12:30-31: "And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength." 31 The second is this: 'You shall love your neighbor as yourself." There is no other commandment greater than these."